Live Healthy North Texas

100 DAY
WELLNESS CHALLENGE

30 FREE VISITS

As a part of the Live Healthy Challenge, take advantage of 30 free visits to any Metropolitan Dallas or Arlington YMCA locations.

In addition to your 30 free visits, we would like to offer you a discount on the joiner fee. Ask the Welcome Center staff for more details. Savings vary up to 100%.

Print this guest card & receive 30 FREE visits!

Visit **www.ymcadallas.org/locations** or **http://www.ymca-arlington.org/** for a location near you.

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30 FREE VISITS
Membership Card

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Card Expires: April 30, 2010